Jessica Brazeal, MA, LPC-S, EMDR Certified

Chief Programs Officer

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Jessica Brazeal, MA, LPC-S, EMDR Certified, is the Chief Programs Officer at New Friends New Life, an agency that serves trafficked and sexually exploited women and children. Jessica is a Licensed Professional Counselor – Supervisor, EMDR Certified, and an EMDR Consultant in Training. Previously, Jessica has served as the Director of Clinical & Professional Services at Genesis Women's Shelter & Support and the Coordinator of Clinical Services of Restoration Ministries at Highland Park United Methodist Church. Jessica has provided therapeutic services to women and children victims of domestic violence, sex trafficking, and sexual exploitation for over 10 years.

Jessica has provided expert testimony in both criminal and civil courts in Texas as well as serving on the faculty of the Institute on Domestic Violence and Sexual Assault's Expert Witness Training Program. Jessica has a background of speaking extensively in the community regarding the issue of domestic violence, sex trafficking, and trauma's impact on the brain. Jessica is certified in Eye Movement Desensitization and Reprocessing, a therapy model used to treat the effects of trauma and PTSD. Jessica has also been trained in Dialectical Behavioral Therapy, Trauma Focused – Cognitive Behavioral Therapy, and the Neurosequential Model of Therapeutics.

Jessica received a Bachelor's degree from Texas A&M University and a Master's degree from Dallas Theological Seminary.